

# James Jarret Brown VFW Post 8385 Newsletter November 2020



#### Issue 4-20/21

CDR - Ben Atkinson Aux President - Flo Elmgren

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- Contact Us:

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Veteran Crisis Line: 1-800-273-8255 Text 838255 Deaf: 1-800-799-4889

#### **CDR Note**

As we say goodbye to October, let us welcome November. Thanksgiving is coming up and some of our fellow members will be travelling. Keep them in your thoughts and we hope they have safe travels. For those of you not planning on leaving the area, I am sure that we will be having a Thanksgiving meal at the Post. We will need sides and desserts. We have had four



turkeys donated for the meal as of right now so we are a little ahead of the curve. If you are interested in helping in any way, please contact Buck Taylor, our House Committee chairman.

In additions, Veterans Day is right around the corner. We, as a Post, are sponsoring a parade in Kingsland. Afterwards, we plan to have food at the Post as well as our riders doing a presentation ceremony to the charities they are contributing to from their Circle the Swamp ride.

Thank you for everyone that has been helping around the Post, I appreciate everything you do to make us be the best Post in the State.



#### **Aux President Note**

I will be attending the National Presidents visit in August, GA from 27-29 Oct. I will then be out of town so if you need anything, please contact Rhonda Atkinson, my Sr. Vice.

As most of you know, my brother and sister-in-law had contacted COVID-19. They were in the hospital for a few days but are home now, I ask that you please keep them in your prayers.

Please watch what you say in the Canteen. Remember, once it comes out; it cannot go back in.

Our breakfast for 21 November is cancelled due to the District Meeting that day in Hinesville. There will be a school of instruction for the Auxiliary during the District meeting on 21 Nov. I would love maximum participation in this meeting. Also, our Tuesday night dinner for 24 Nov is also <u>cancelled</u> as people will be traveling and such in anticipation for the Thanksgiving holiday.

Keep in mind that the dates and foods are subject to change. If you are able to help with serving and such, it would be greatly appreciated. Also, some of the Tuesday night dinners will have a different price than others due to the type of meal and what it costs to purchase. We thank all of you for your understanding in this matter.

One last note, I want to thank the Boy Scout Troop for painting the inside of the Pavilion. It looks wonderful and they did an amazing job. The Auxiliary thanks you for all the support.

### Chaplains Corner

I would like to talk briefly about Suicide Prevention and Intervention. This is a real issue currently affecting up to 22 veterans a day all across every service. If a veteran or active duty members tells you they are having suicidal thoughts, don't dismiss them, talk to them. It can be as simple as someone willing to listen. Don't be afraid to



reach out and help someone struggling OR reach out for help yourself if you are struggling. God won't ever let you go and he has given others to you in life to help you shoulder this burden. Many of us have been down this road before so you are not alone my brothers and sisters.

Suicide is not age discriminatory as if affects people of all ages and races as well as children. It is not a modern phenomenon as the Bible mentions several instances of suicide. The Bible says that Judas, the disciple who betrayed Jesus, hung himself when he could not bear the terrible guilt he felt for aiding in the arrest and crucifixion of Jesus (Matthew 27:5). Saul fell upon his own sword during battle when it was apparent he had lost the battle and would be captured and tortured (I Samuel 34:4).

#### I would like to close with this prayer:

Oh precious Lord, your word states that I can have confidence in You, so that if I ask anything according to Your will, You hear me and if I knew that You hear me in whatever I ask, I know that I have the requests that I have asked of You. I am crying out to you right now in hopes that You will change the mindset of my loved on, I pray against suicidal thoughts in Jesus' name, Amen.

If you are interested in suicide prevention training, please notify me at <a href="mailto:buzz338@yahoo.com">buzz338@yahoo.com</a>. Thank you all and God Bless

George Tweedy



#### Service Officer

The VA has expanded its Comprehensive Caregiver Program to include Veterans who incurred service connected disabilities on or before 1975.

This program allows those with qualifying disabilities, 70% or more, to submit an application with their caregiver. The caregiver will be provided training, resources, a support network, mental health is available for the caregiver as well as a monthly stipend paid to the caregiver directly.

Additional information will be brought into the Post for those interested.

And as always, if you need assistance with your claim or to obtain general information, do not hesitate to contact me at <a href="mailto:PSO8385@outlook.com">PSO8385@outlook.com</a>.

Thank you all for your service.

Rob Erhart

#### Warrior Care Month

Warrior Care month was created in 2008 by then Secretary of Defense Robert Gates. This was in response to reports claiming that soldiers were recovering in substandard conditions/facilities. This program created accountability and uniform standards of care across all branches of military service from the recovery process, to going back to duty, or transitioning to civilian life.

A 2017 Wounded Warrior Project survey found that 9 out of 10 veterans with injuries suffered from at least 3 medical issues. The four most commonly self-reported issues include:

Post-Traumatic Stress Disorder (PTSD) -77.4%Sleep Problems -75.0%Back, neck, or shoulder problems -72.6%Depression -70.1%

The same report also shows that well over 25% of all wounded warriors require aid and attendance by another person due to the service member's medical issues. A minimum 25% of these veterans need more than 40 hours of such care every week

Contact information for anyone who believes they can benefit from this program are encouraged to contact the following:

Army Wounded Warrior	(877) 393-9058
Marine Corps Wounded Warrior Regiment	(877) 487-6299
Navy Wounded Warrior/Safe Harbor Anchor	(877) 746-8563
Air Force Wounded Warrior	(800) 581-9437

# Auxiliary Tuesday Night Dinners



There is a sign-up sheet in the Post. Signing up ahead of time lets us figure out how much to buy. If you signed up and won't make it, please let us know so that we can sell to someone waiting.

Nov  $3^{\rm rd}$ 

Meatloaf, Mashed Potatoes w/ Gravy, Green Beans, Roll, & Desert

Nov  $10^{\rm th}$ 

Chicken Breast or Leg, Mashed Potatoes & Gravy, Veggie Blend, Roll, & Dessert

Nov  $17^{\rm th}$ 

Kat's Italian Subs w/ Florrie's Pasta Salad and & Dessert

Nov  $24^{\rm th}$ 

NO Dinner

\*\*All menus and dates are subject to change\*\*

## Kat's Café

Kat Carnes is working hard making up delicious lunch menus for the Post. The Café serves lunch Mon – Fri w/ a lunch special every Wednesday.

Lumpia		\$ 4.00		
Corn Dog		\$ 2.00		
Jalapeno Poppers		\$ 3.50		
Fries	Small or Large	\$ 1.50 or \$ 2.50		
Onion Rings		\$ 3.50		
Mozzarella Sti	icks	\$ 4.00		
Burgers & Sar	ndwiches			
Hamburger w	chips /	\$ 5.00		
Cheeseburger w/ chips		\$ 5.50		
Grilled Cheese w/ chips		\$ 3.00		
Beef Hot Dog		\$ 2.00 or 2 for \$ 3.50		
Homemade Chicken Salad w/ chips		\$ 5.00		
Chicken Tend	er Plate w/ fries	\$ 5.00		

## Wednesday Lunch Specials

Nov  $4^{\rm th}$ 

Hot Pastrami Panini w/ French Fries

 $m Nov~11^{th}$ 

Veterans Day – Kitchen CLOSED

Nov  $18^{th}$ 

Club Sandwich w/ French Fries

 $m Nov~25^{th}$ 

Chicken Alfredo w/ Salad and Garlic Bread

\*\*All menus and dates are subject to change\*\*

### November Important Dates

# National Veterans & Military Family Month Warrior Care Month National Family Caregivers Month

- 1<sup>st</sup> Daylight Savings Time Ends
- 3<sup>rd</sup> Election Day
- 5<sup>th</sup> 9<sup>th</sup> National Veterans Small Business Week
- 10<sup>th</sup> Marine Corps Birthday
- 11<sup>th</sup> Veterans Day/Armistice Remembrance Day
- 21<sup>st</sup> Catfish Festival (Kingsland)
- 26<sup>th</sup> Thanksgiving

#### Post Dates

- 14<sup>th</sup> Steak Night w/ Black Sheep Blues Band
- 11<sup>th</sup> House Committee Meeting
- 19<sup>th</sup> Post/Auxiliary Meeting
- 21<sup>st</sup> Riders Group Meeting/Membership Drive (Catfish Festival)
- 26<sup>th</sup> Thanksgiving

# VFW Riders Group

I am happy to report this year's Circle the Swamp ride was our most successful we've ever had! We as a group, will donate over \$ 4,000 dollars to various charities such as the National Home for Children, We Care, Camden House, GA Down Biker Fund and CASA. Of course, this event would not have been as successful if it were not for our sponsors. Thank you to:

Everybody Rents City Electric Supply Cumberland Gas
Tire Mart Ops Pizza Kings Bay Cleaners
Seagles Pirates Point Hopes Personal Touch
Peach Cobbler Designs Manecutters The Brown Bag

Bulldog Liquors Headline Hair Designs WCS Cycles

Wee Pub Big Show Threads 401 West Restaurant AGS Lawn Care Dr Suds Second Skin Tattoo

And let me not forget the personal donations from:

Patsey Nuzum Jenn Mann/Mike Spurlin Adan Monreal Elizabeth/Joe Perry George Gerlach Dave/Barb Robinson Dave Worthen Gary/Terri Pugh Eddie Moore

Armed Forces MC Renee Martinez Charles Grigsby Sr.

One last THANK YOU goes out to those who worked their tails off to support us that day: Lisa Taylor, Rhonda Atkinson, and Gary and Terri Pugh and of course our canteen tenders. They volunteered to do the breakfast and the afterride food and there is no way this event goes off like it did without their help.

The ride was not without its downs though. Joe and Elizabeth Perry had a rear tire blowout at the beginning of the ride and Shawn Necaise, my VP, and Brandey Zatek, my Secretary, had an accident towards the end of the ride. Joe and Elizabeth are fine and their bike has already been repaired. Shawn and Brandey are doing well but Brandey is in physical therapy for a shoulder injury and his bike was totaled. This was the first year, in 6 years, that we actually had to use the chase vehicle and huge Thank you to Ken Peitzmeyer and Dave Grimes for manning the chase vehicle. Bottom line is they are all still with us and with no seriously injuries. Safety is of the utmost importance but even when your safe, things can still happen. Keep your heads on a swivel!

Overall, the event was a huge success and we look forward to next year. Thank you all so much for your support. Our next meeting will be 21 Nov 2020 @ 1000.

Chuck Grigsby RG President

## Scouts Corner



The Troop is still in the process of getting back into the swing of things. They worked hard and did an excellent job in repainting the inside of the Auxiliary Pavilion. The Auxiliary Madame President cannot thank them enough for all the work and effort they put into this project.

The Troop will conduct regular Sunday meetings on Nov 8<sup>th</sup>, 22<sup>nd</sup>, and 29<sup>th</sup> from 3:30-6 PM. The excitement is in the air as they conduct in person meetings. Also, they will be camping out at Tolochee in Brunswick on weekend of 13-15 November. During this camp out, they will be accompanied by local Cub Scout Pack.

The Post voted to sponsor the Cub Scout Pack but they Pack has decided to conduct meetings at an alternate location due to scheduling conflicts. We wish them all the best as they groom potential Scouts for the future.

Some interesting history about the Eagle Scout program. Arthur R. Eldred was the first Eagle Scout in history in 1912 Boys Life magazine published in an article that "He is a sturdy, well-built, keen-eyed little fellow, and his Scoutmaster commends him highly. Among his activities in which Eldred has shown himself proficient are handcraft, poultry farming, horsemanship, dairying, bicycling, cooking, chemistry, electricity, gardening, pathfinding, and swimming." At the time, Eldred was one of 50 boys to earn a single merit badge. He actually earned 21 which led to him being recognized as the very first Eagle Scout.

Post 8385 Scouts continue the tradition of the Eagle Scout. Since their beginning in 2015 six (6) Scouts have earned the coveted Eagle Scout honor. They are:

Mitchell Galluccio	Jan 2017	(1st Eagle Scout)
Logan and Will Watson	May 2018	(Brothers)
Elliot Newton	Jun 2018	
T. J. Shepard	Jan 2020	
Jacob Lewis	Jun 2020	

Congratulations to all those who have earned this award and best of luck to those in the future!

#### Scout Oath

"On my honor I will do my best, to do my duty, to God and my country, and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight."

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November 2020								
Sun	Mon	Tue	Wed	Thur	Fri	Sat		
1 Nachos	Wing Night	3 Aux Dinner	4	5	6	7 Aux Breakfast 09-1100		
8	9 Wing Night	10 Aux Dinner	11 HC Mtg 1800 Veterans Day	12	13	Steak Night w/ Black Sheep Blues Band 1830-2000		
15 Nachos	16 Wing Night	17 Aux Dinner	18	Post/Aux Mtg 1800	20	21 Aux Breakfast Cancelled District 7 Mtg Hinesville 1000		
						Riders Group Mtg 1000		
22 Nachos	Wing Night	Aux Dinner Cancelled	25	26 Happy Thanksgiving	27	28		
29 Nachos	30 Wing Night	Aux Dinner						

## Happy 245th Birthday U.S. Marine Corps

Second Continental Congress established two battalions on Nov 10<sup>th</sup>, 1775





On 01 Nov 1921, MajGen Lejeune issued MC Order No. 47, (Series 1921) moving the

birthday to November 10<sup>th</sup>.





LtGen Lewis B "Chesty" Puller is the most decorated Marine in history and is considered the "Greatest Marine" that ever lived.

